

Reads for Paeds **EXIT**

GET WELL SOON

My First Surgery





This book is meant only to support what a young person and their family have already been told about their condition by a healthcare professional. Do not use this book to replace advice and treatment from a doctor.

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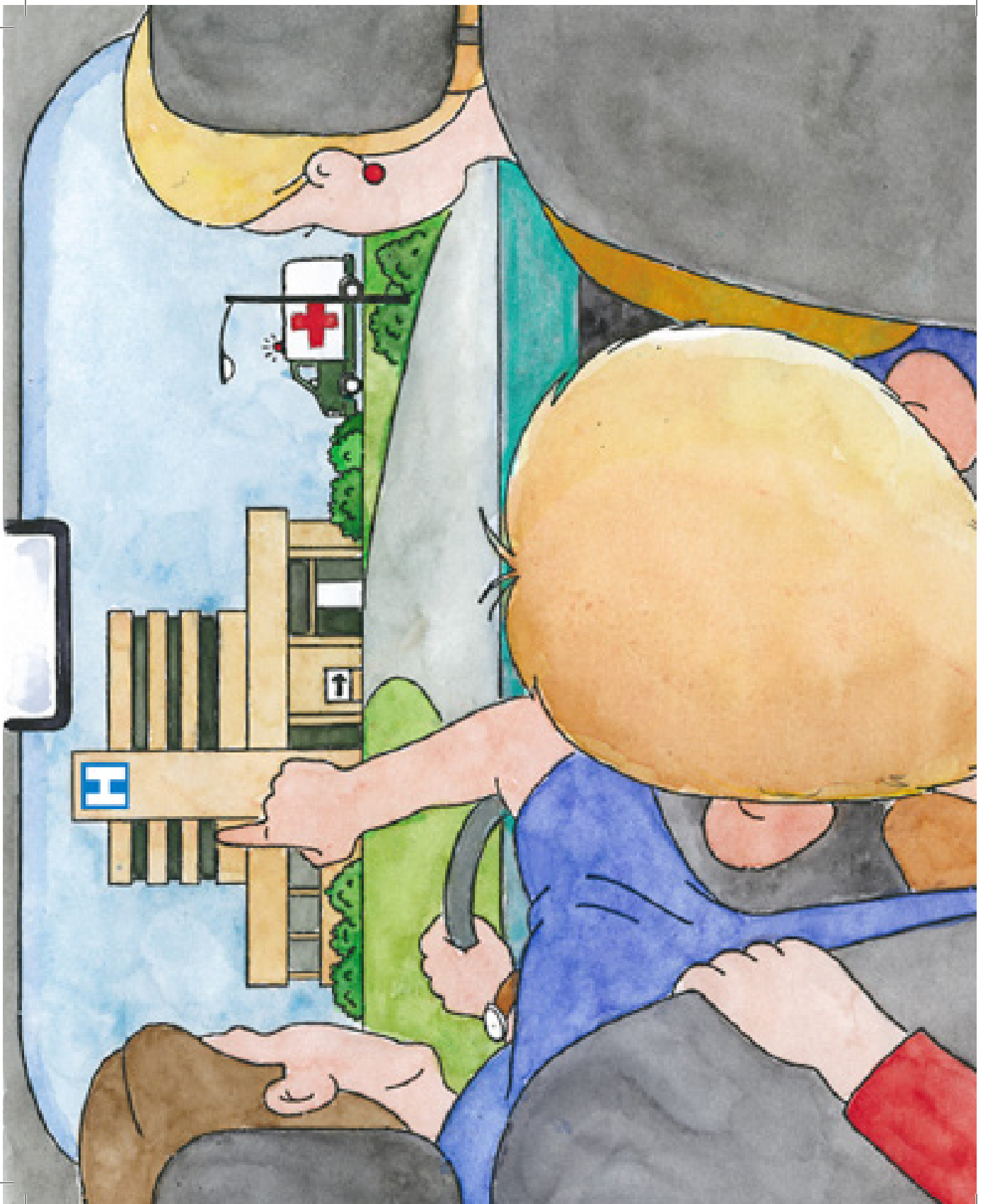
- Queen's University Department of Pediatrics
- Alma Mater Society Special Projects Grant
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- Medical Variety Night 2015






There once was a kid named Sammy
Who loved to run and play.
One day poor Sammy got hurt,
And Sammy needed an x-ray.

Sammy's Mom and Dad were there,
When the doctor gave Sammy the news.
Sammy needed to have surgery,
So the doctor could fix the bruise.

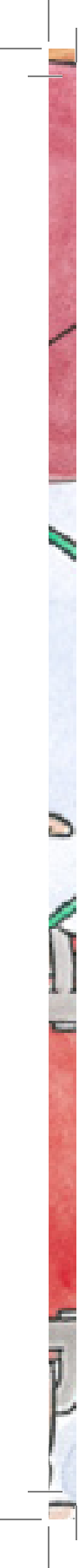




It was time to go to the hospital,
So Mom and Dad drove Sammy there.
They could see the hospital up ahead,
And Sammy started to feel scared.


But Sammy gathered courage
And walked through the hospital doors.
Sammy held on tight to a teddy bear,
While Mom and Dad filled out some forms.

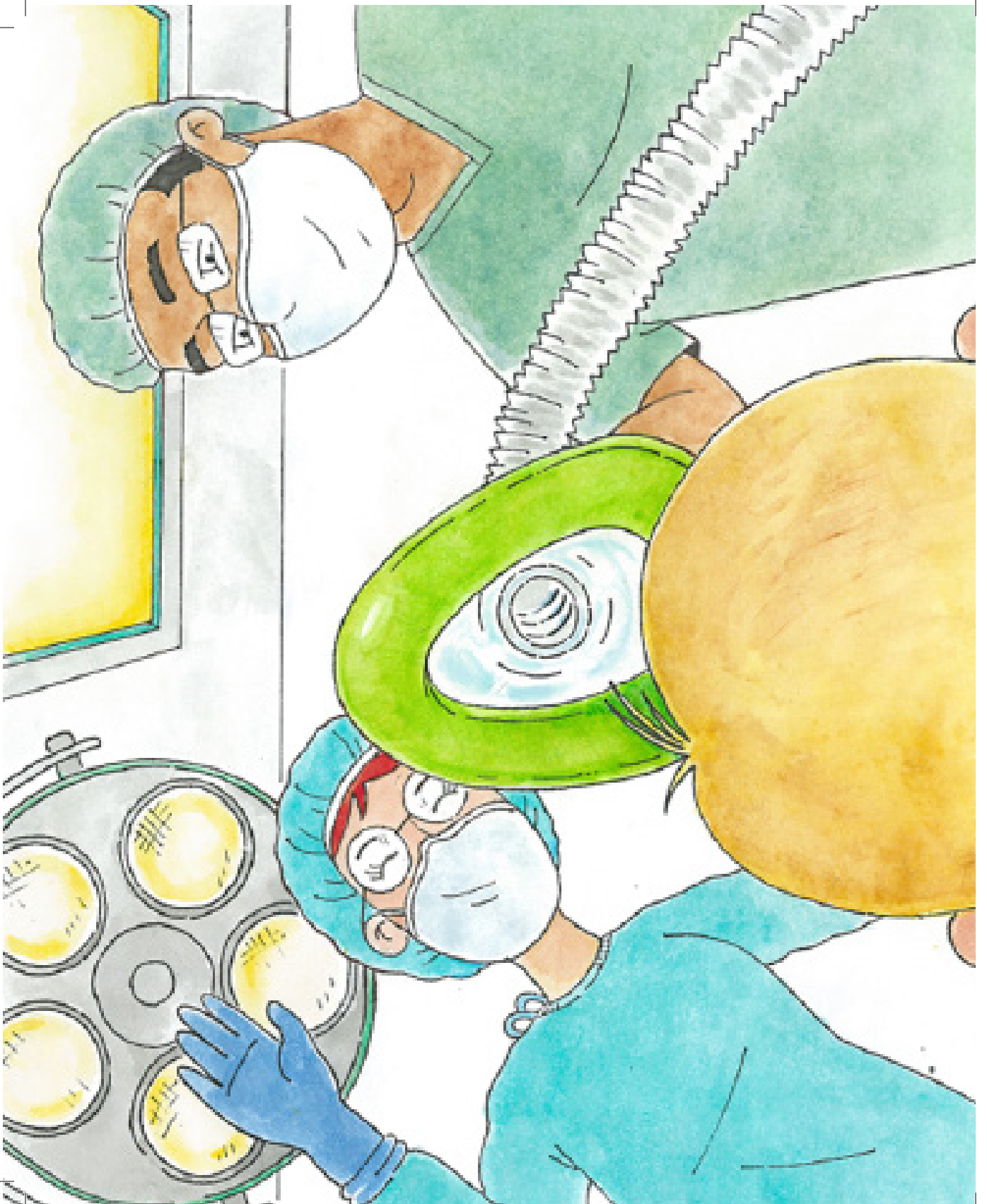





Sammy was being very brave,
As the kind nurse did some tests.
Sammy was great at sitting still,
While the nurse counted heartbeats and breaths.

By now Sammy's stomach was grumbling loudly,
Since the doctors said not to eat.
Sammy couldn't wait to be done surgery,
And finally have something sweet.








It was time for Sammy's surgery,
So Sammy put on the hospital gown.
They wheeled Sammy into the operating room,
And asked Sammy to lie down.

The doctors were ready to start,
And it was time for Sammy to sleep.
They gave Sammy a little mask,
And asked Sammy to breathe deep.



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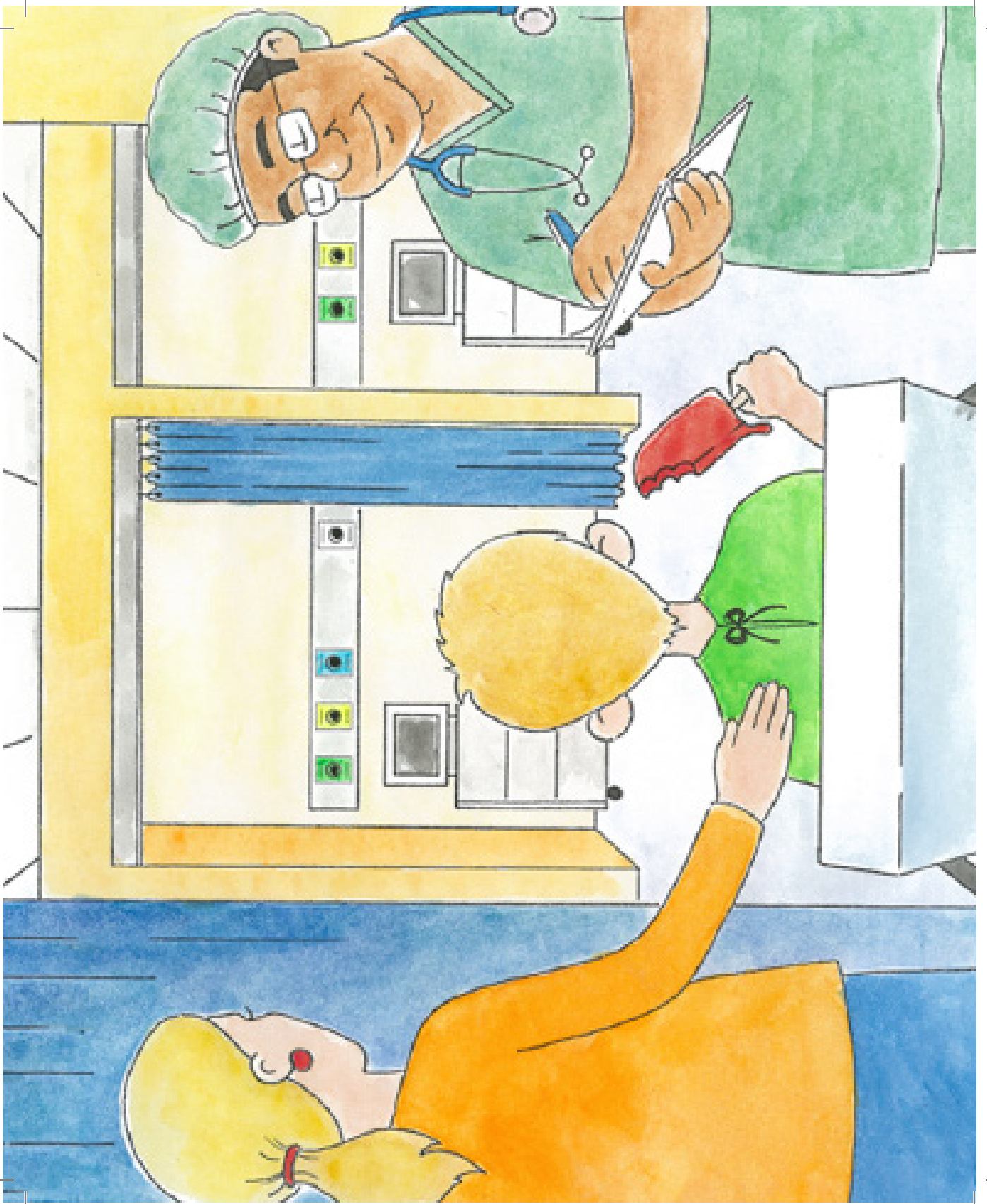
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Sammy took a short nap,
While the doctors fixed the injury.
There wasn't an ounce of pain,
Throughout the whole surgery.

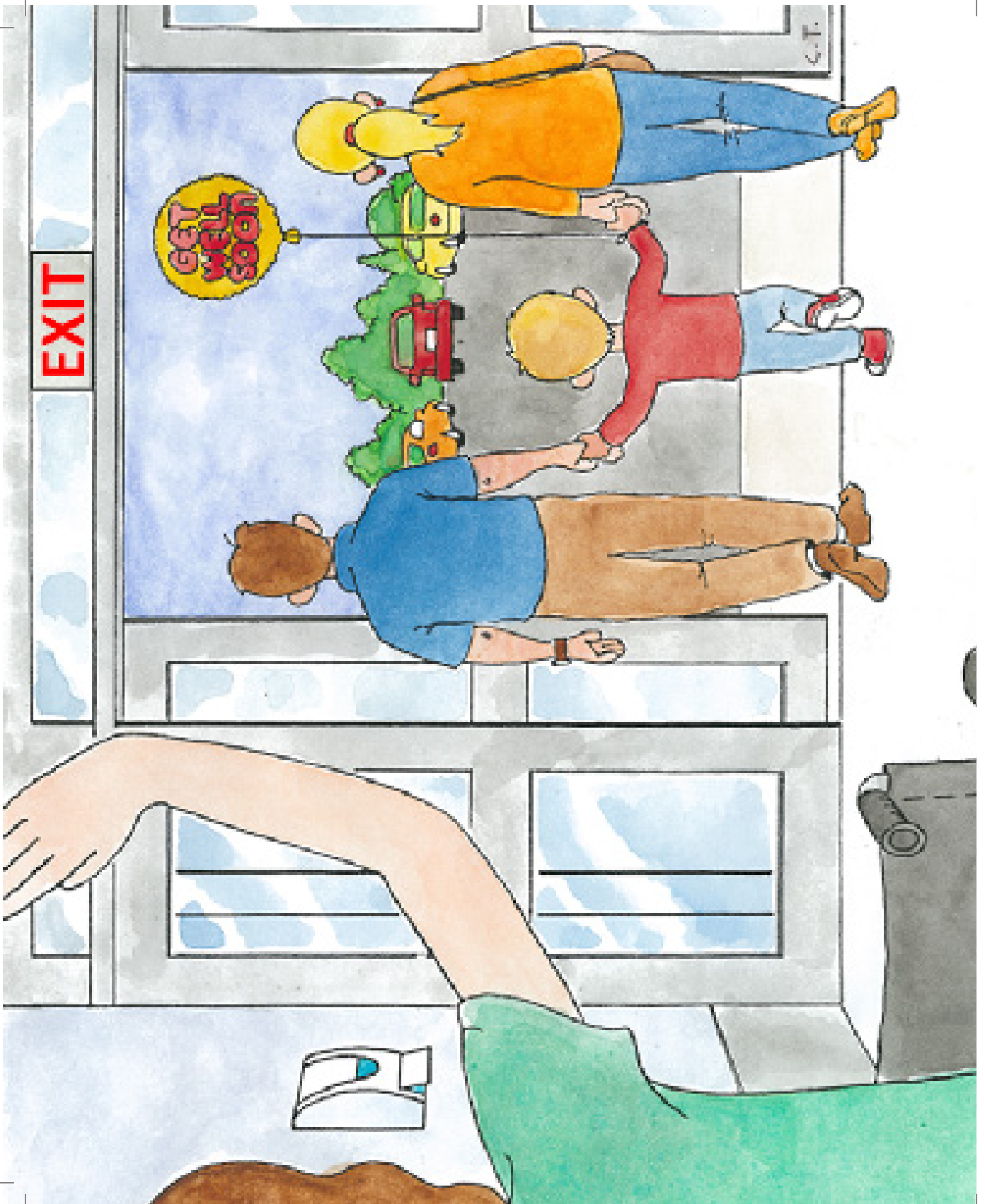
Sammy dreamt of happy things,
Like playing with toys and friends.
As soon as Sammy fell asleep,
It was like the surgery came to an end.





Sammy's Mom and Dad were there,
When Sammy woke up in the hospital.
Sammy felt funny for just a few minutes,
But felt better after getting a popsicle.

The nurses checked on Sammy,
And handed Sammy a big yellow balloon.
Sammy felt much better now,
And they said Sammy could leave that afternoon.



They wheeled Sammy to the front doors,
It was now time for them to leave.
Mom and Dad were happy Sammy felt better,
And thankful for the care Sammy received.

Now that Sammy's surgery is over,
Sammy is feeling really swell.
Sammy wishes you good luck and all the best,
On your surgery as well!



THE END



My First Surgery

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The QMed Reads for Paeds project was started by the Queen's Medicine Class of 2017. Our goal is to write and illustrate engaging books to explain illnesses that affect children. The books are gifts from us to patients, with the hope of empowering them and their families.

